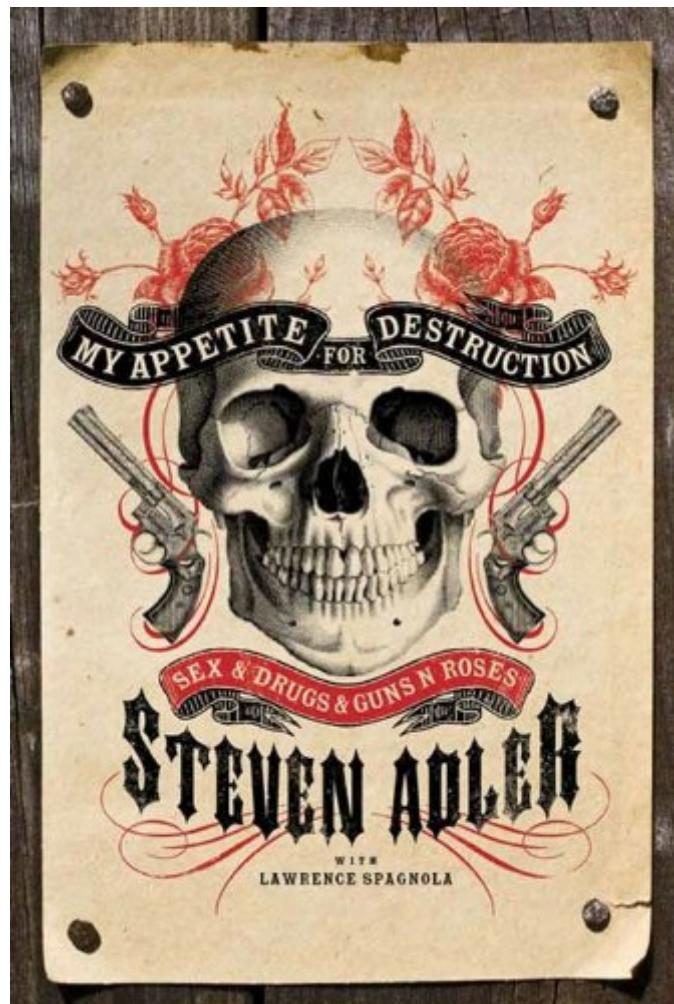


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# My Appetite For Destruction: Sex, And Drugs, And Guns N' Roses



## **Synopsis**

From Steven Adler, the original drummer for Guns N' Roses, comes *My Appetite for Destruction*, the inside story of GNR. Offering a different perspective from the bestselling *Slash*, Adler chronicles his life with the band, and own intense struggle with addiction, as seen on Dr. Drew's *Celebrity Rehab* and *Sober House*.

## **Book Information**

File Size: 2664 KB

Print Length: 309 pages

Publisher: HarperCollins e-books; Reprint edition (July 9, 2010)

Publication Date: July 27, 2010

Sold by: HarperCollins Publishers

Language: English

ASIN: B003TLN1EE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #252,348 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #113 in Books > Arts & Photography > Music > Biographies > Heavy Metal #128 in Books > Arts & Photography > Music > Musical Genres > Heavy Metal #438 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Arts & Literature > Composers & Musicians

## **Customer Reviews**

The story of Steven Adler's life as a member of Guns N' Roses, one of rock and roll's most volatile, decadent and out of control bands, is both terrifying and awe-inspiring. His new book, *My Appetite For Destruction: Sex and Drugs and Guns N' Roses*, due for release July 27th, really hits home--but not for being a thrill-inducing rock and roll story. Actually it's just the opposite. Adler's candor and self-reflection make this book a different kind of rock star memoir entirely. Steven Adler absolutely does not try to pretty up his story; there's no attempt to make himself look heroic or, as so often happens in rock star biographies, victimized. Adler puts aside his own ego to tell a story that is bitingly poignant in its brutal honesty. Adler also proves that sometimes coming clean is the harder part of getting clean. Something he does well in *My Appetite For Destruction*. At times you feel

distinctly, painfully, the breakdown, the regrets, the realization of all that was lost. Steven opens up with an admission that he had locked himself away in his trailer to do drugs directly after opening for the Rolling Stones in 1989; his dreams had finally come true, but he was in no shape to enjoy it. He couldn't walk around backstage, meeting, greeting, basking in the amazing, historic moment--the drugs were calling, and he had to answer. It was just one of those moments that he can't take back; he'll never get a chance to do it over. It's the kind of regret that will haunt him forever after. In the band Guns N' Roses you had five men whose dreams all came true, but the joy in their rise to fame was finished before it had begun, lost in the pursuit of the next fix.

Steven Adler finally puts pen to paper and records his sordid tale of Rock n' Roll debauchery for posterity. This Hell raising drummer's autobiography is the latest in a line of Rock n' Roll retrospectives that document the excesses of the L.A. glam rock/metal scene circa 1985. Here we find Steven Adler in his drug-fueled and sex-crazed prime. While "Hammer of the Gods" remains the standard of Rock n' Roll memoirs, Steven Adler's book holds up nicely alongside others recounting the hazy Rock scene of the 80's such as "Walk This Way" "Slash" and "The Dirt." Yes, Steven's book is ghostwritten but so are the others written by his peers. No, Steven's book isn't Shakespeare but neither are the others written by his peers. It is in that context which this book should be judged. In his own book, Vince Neil writes how tales of drugs, raging parties and sexual debauchery are the things that people really want to read about. That's especially true when talking about a band like Motley Crue or GNR. While nothing in Adler's book tops Zeppelin's shark fish incident or Motley's sexual escapade with those two girls in Dallas, they come close. In this book read how Steven:  
\* Met Slash at age 13  
\* Tried to join the Navy  
\* Had orgies orchestrated by Nikki Sixx and Steven Tyler  
\* Had a three-way with Izzy and some groupie  
\* Saved Nikki Sixx's life after the Crueman's O.D.  
\* Bangs Tommy Lee's sister  
\* Is thrown out of GNR  
It's great that Steven Adler has persevered through all the challenges, trials and tribulations that have come his way. I hope that this book and his guest drumming on Slash's solo album pave the way for future gigs, money and success.

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